

Dear Friends,

This past year, WAS opened new doors to the outdoors. Through greater emphasis on outreach and collaboration with referring partners, 49% of students served this past year were first-time participants in WAS programs. Scholarships continue to play a key role in lowering the threshold to participation, as 90% of students applied for and received scholarship support. Thanks to the outstanding generosity of our donors, we were successful in answering the call for more lessons, and as a result, 16% more students experienced the power of adaptive recreation. On top of the 2,590 individual lessons taught by instructors over the course of the year, an additional 742 lessons were provided to siblings, parents, and caregivers so the experience was shared.

WAS's summer home in Murray, Utah has given us a new ecosystem in which to thrive. Being centrally located along the Wasatch Front has meant operations are accessible to the community and our delivery of service is more efficient and primed for future growth. The Equipment Rental Program continues to enable participants the opportunity to expand their recreational goals alongside family and friends, with adaptive equipment rented a total of 254 days over the course of the year.

This past year was our most successful in the history of the organization. We are grateful for each of our students and their families, volunteers, board members, and donors who championed WAS's mission. Much appreciation is owed to the WAS staff and instructors for their profound dedication to enriching the lives of our students through recreation. Thanks to all of you, WAS's programs continue to be a passport to the outdoor world, ensuring that Utah's world-class recreation is available to all.

See you on the trails!

Sincerely,

Elizabeth Jahp
Executive Director



Photo: Sugar Rush



The mission of Wasatch Adaptive
Sports is to encourage individuals
with adaptive needs and their
families to realize their potential
and engage in active living
through year-round recreational,
educational, and social programs.
WAS empowers students to
maximize independence and live
happier, healthier lives through the
following programs:





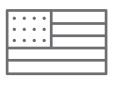
PRIVATE INSTRUCTION

WAS offers students private instruction in a number of adaptive recreational activities throughout the year. Lessons are taught by highly trained instructors who personalize each session to the student's unique abilities and goals so they are able to build skills and independence in a fun, social, and supportive environment.



RENTAL PROGRAM

WAS's Rental Program enables individuals and families to borrow the organization's adaptive equipment so that they are able to adventure on their own and continue gaining the many health benefits associated with recreation.



VETERANS PROGRAM

WAS's Veterans Program seeks to serve veterans coping with physical, cognitive, and emotional difficulties by providing individual and group lessons that promote community integration, self-esteem, and healthy living.



GROUP CYCLING RIDES

As participants advance their cycling skills through private lessons, WAS group rides provide students the opportunity to continue developing independence in the sport. Riders who attend group rides train to compete in local races and work towards personal cycling goals.



SOCIAL ACTIVITIES

Social activities provide a way for students and families to gather, have fun, and build community through excursions, recreational opportunities, and other outings sponsored by WAS.





Snowboarding



Yoga



Fishing



Paddleboarding



Mountain Biking



Hiking



Kayaking



Snowshoeing



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BY THE NUMBERS



583 Students



2,590

essons

30%

CHILDREN

55%

ADULTS

15%

VETERANS

92%

Lessons on Scholarship

90%

Students Local to Utah



WAS students and families share how WAS programs had an impact on their lives this past year:

"WAS has been such a big deal to our family and to Josie. They have helped her with her strength, self-esteem, and independence."

- Geri Roest

"The WAS skiing program has been amazing and really empowering. It is so fun and I love that instructors are really good at giving you the skills you need to be independent."

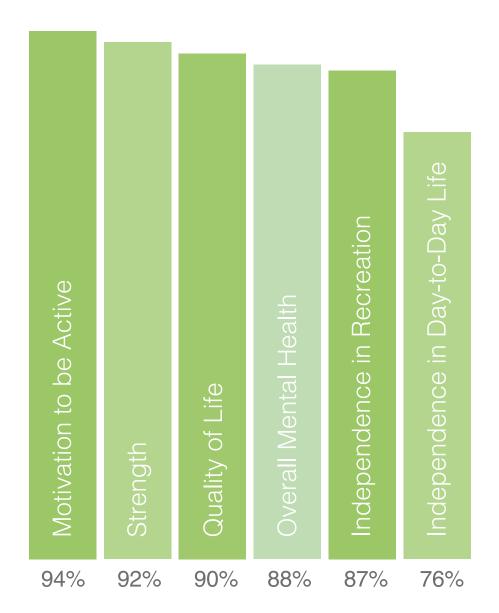
— Kendra Muller

"Participating with WAS has helped with my anxiety and depression TREMENDOUSLY!!! My experiences with WAS as a participant and volunteer has changed the trajectory of my life to a much more positive and fulfilling one. Thank you WAS!!!"

— Christian Smith

WAS IMPACT

Out of all respondents who completed WAS program surveys this past year, the following percentage of students and families reported improvements in the below areas due to participation in WAS programming:







STUDENT HIGHLIGHT: CAM GABLER

The Gablers have been visiting Snowbird for years, though it wasn't until 2017 that Cam asked his mom if he could take lessons with Wasatch Adaptive Sports so he could get out on the mountain to ski with his family. Cam started taking lessons with WAS that winter, and he quickly learned the skills of monoskiing so that now he can rip down the mountain independently and be a part of his family's experience each winter at Snowbird. When asked about his experience with WAS, Cam said,

"WAS has greatly influenced my physical and emotional health. Adaptive skiing has given me the excitement, activity, and a blissful state of flow that comes from the physical racing movement of the sport, which has previously never been available to me as a person with spina bifida. It also involves me with my family and allows me to participate in recreation that we all love and enjoy."

COMMUNITY PARTNERS

WAS has developed strong relationships with other entities in the community that also work with children, adults, and veterans with disabilities so that we are best able to provide for the adaptive community together. Community partners include:



























PARTNER HIGHLIGHT: INTERMOUNTAIN MEDICAL CENTER

I appreciate the gift to our community that is Wasatch Adaptive Sports (WAS). The staff are true professionals in every sense of the word and we benefit from their passion and expertise for adaptive recreation. RAMMP (Rehab Advocate Mindset Mentorship Program) is an organic extension of the culture, mission, and mindset of our Inpatient NeuroSpecialty Rehab Unit at Intermountain Medical Center and is a valuable tool to help people live the healthiest lives possible after a traumatic event so they can do what matters most. We know that physical exercise and leisure recreation are crucial for a person's healthy life balance which is why we have decided to partner with WAS to include a monthly adaptive recreation event as an important part of RAMMP. One of our patients, Miles Nielsen, after being in a car accident left him with a C6 complete spinal cord injury almost 3 years ago, came skiing with WAS. He stated, "That was so much fun. I can't believe I waited so long to start this. This was probably the most fun I've had since my injury!" Thank you to everyone who has been a part of the healing and rebuilding of hope, inspiration and adaptive recreation skills so that our patients can live their lives to the fullest.

Bonnie Larsen, OTR/L Inpatient Neuro-Specialty Rehab at Intermountain Medical Center Occupational Therapist Registered/Licensed RAMMP Coordinator







The Wasatch Adaptive Sports Murray Office is made possible thanks to the generous support of

HGGC

11.55 SECOND HOME IN MURRAY

In July 2018, WAS signed the lease on our new Murray office. This facility serves as a complement to the organization's Snowbird office and comes with a host of benefits including ample warehouse and office space as well as an accessible location for students, families, supporters, and staff to visit, attend meetings or trainings, rent equipment, and address any other needs they might have without driving up Little Cottonwood Canyon. To our generous community of supporters thank you for helping to give WAS a second home in the heart of the community we seek to serve!

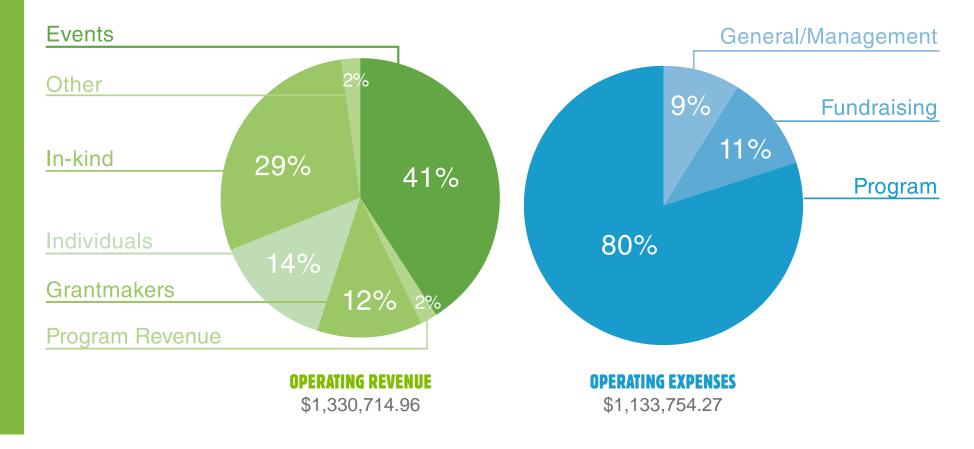














THE 2018-19 TEAM

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ALL-STAR VOLUNTEERS

Aubrie Aagard Pieter Blauvelt Rick Breiling **Brody Broderick Breonna Burnett** Mark Cheminant Kayley Cheminant Codin Chiritescu Kyle Daly Quinn Dolan Daniel Finn Holly Grainger Bryanna Howard Erich Jezowicz Ryan Relyea Larry Roof Matthew Schutt Nate Sharp Christian Smith Donna Tedesco Benjamin Thomas



IN TOTAL, 154 VOLUNTEERS GAVE 3,368 HOURS IN SUPPORT OF WAS STUDENTS





"Owen got to experience something he's never been able to take part in before. The instructors could not have been more fantastic!" — Ashley Butler (Owen's mom)

DONORS

Wasatch Adaptive Sports is deeply grateful to the individuals and organizations included on this list for your generosity. It is through the support of all donors that WAS is able to provide our life-changing programming.

\$10.000+

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WCF Insurance

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^{*}This list acknowledges contributions made between July 1, 2018 -June 30, 2019. Though we have made every effort to ensure that our donor list is accurate, please contact WAS's development director Abbie Rice at abbie@wasatchadaptivesports.org with corrections.

\$2,500 - \$4,999

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IN-KIND

A number of individuals and organizations also make substantial in-kind contributions to WAS, including:

Bonneville Salt Lake

The Bronze Buffalo Club

Constellation Brands

Sean Donnelly & Wings For Heroes

Scott & Jenna Erdmann

Garret Gray & Wayne Butler from Next Gear

The Home Depot Foundation

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Snowbird Resort

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Dear Friends.

I am starting my term as board chair at Wasatch Adaptive Sports feeling truly excited about the future of our organization and adaptive sports. Engaging in adaptive sports offers incredible physical, psychological, and emotional rewards for the body and mind. Our program inspires participants to reach for the sky and achieve their dreams by optimizing movement to improve the outdoor experience. WAS facilitates through its programming vital changes and personal development within our students. These activities create a positive environment for learning and enhancing self-esteem.

We have an incredibly talented team and an engaged board of directors that are committed to delivering access to the outdoor experience to individuals with adaptive needs and their families through year-round recreational, educational, and social programs. It is with your unwavering support and generosity that our organization and our students continue to thrive and flourish. I look forward to seeing many of you on the slopes and at our annual Steve Young Ski Classic fundraiser!

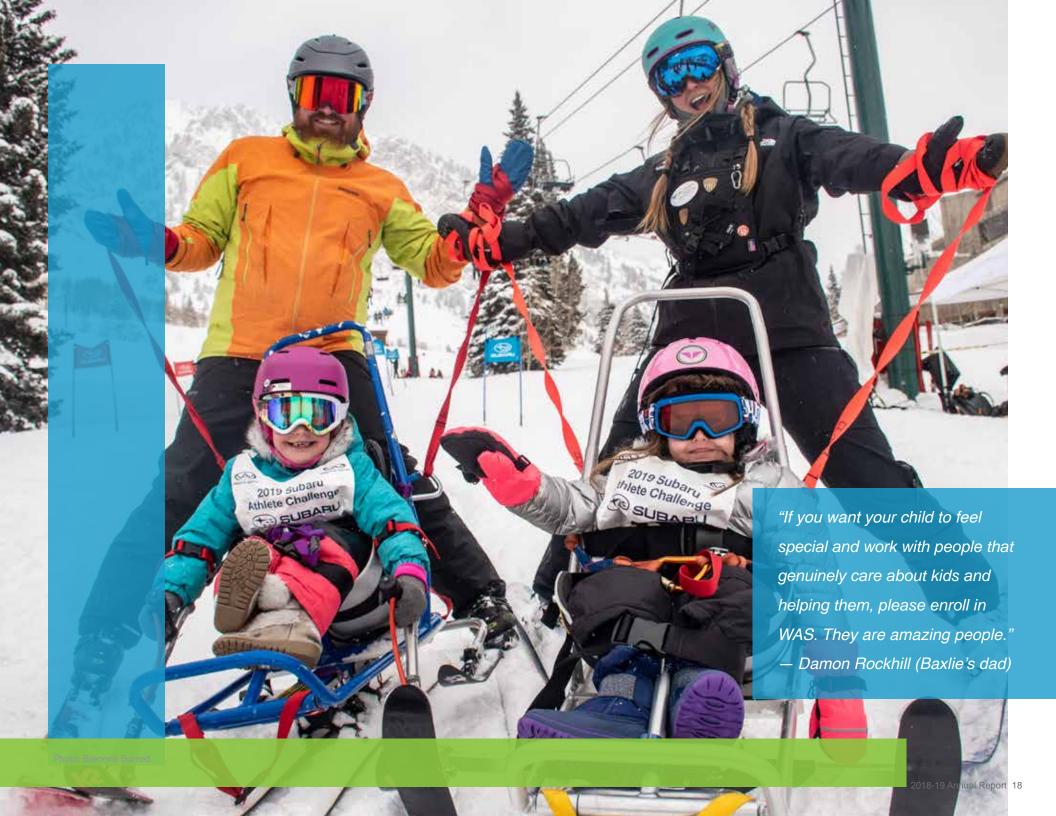
Sincerely,

Miguel Rovira

Director of Business and Community Relations

Regence BlueCross BlueShield of Utah

Board Chair











Wasatch Adaptive Sports

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